

WATER FUN				
<u>Contact pools for more information and special events.</u>				
Ballard	Mon-Fri	(Friday Only \$2 for Out of school/Home School)	1:30-2:30pm	
Ballard	Thu	(Playland)	10:30-11:30am	
Evans	Tue	(teens: free w/ school ID)	7:00-8:00pm	
Evans	Fri	(SKWIM Game)	6:30-8:10pm	
Madison	Sun	(Playland)	12:00-1:00pm	
Meadowbrook	Mon/Wed/Fri	(3-lane)	2:30-3:30pm	
Meadowbrook	Fri	(fun night)	7:30-8:30pm	
Queen Anne	Wed	3-lane Pool Playland 3-lane La-p Swim	10:00-11:00am	
Queen Anne	Sat	Family Swim	10:00-11:00am	
Southwest	Fri	(family fun swim)	7:00-8:00pm	
Rainier Beach	Daily	Pool Playland	11:00am-12pm	

2016 FEES	
<u>RECREATIONAL SWIM PRICES:</u>	
Children under 1	Free
Youth (Age 1-17)	\$3.75
Adult (Ages 18-64)	\$5.25
Senior Adults (Ages 65+)	\$3.75
Special Populations	\$3.75
<u>FITNESS SWIM PRICES:</u>	
Adult Fitness	\$6.50
Youth/Senior/Special Populations	\$4
<u>SCHOLARSHIP DISCOUNT FEES:</u> (Requires proof of income and may take 1-2 weeks for approval)	
Discount Recreation	\$2.00
Discount Fitness	\$3.00


HIGH SCHOOL SWIM MEET SCHEDULE


<div>Friday Closures</div> <div>Regular Swim Schedule Canceled From 3-6 pm</div> <div>Lap Pool only Rainier Beach</div>	Pool	9/9	9/16	9/23	9/30	10/7	10/14	10/21	12/2	12/9	12/16
	Ballard	X		X		X		X		X	
	Evans	X			X	X	X			X	X
	Madison	X	X	X			X	X	X	X	X
	Meadowbrook		X	X	X	X		X	X	X	
	Medgar Evers	X	X	X	X		X	X	X	X	X
	Queen Anne		X	X	X	X	X	X	X	X	
	Rainier Beach	X		X	X	X	X		X		X
	Southwest		X		X	X		X	X		X


YOU CAN BE A SUPER HERO TOO!

As part of our ongoing commitment to water safety, Seattle Parks and Recreation—in partnership with Seattle Children’s Hospital and supplemented by donations from the community made to the You Can Be A Super Hero Too campaign—is offering scholarships to supplement the cost of swim lessons for youth ages 4 to 16. Can you make a donation? To make your donation to the Seattle Parks and Recreation swim lesson scholarship fund, visit any Seattle Parks and Recreation swimming pool, or donate online to www.arcseattle.org/get-involved/. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

Do you know a child who needs a scholarship? To learn more about applying, or to receive a Low-Income Scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinders (ages 4 to 5), Beginning Swimmer (ages 6 to 16) and Advanced Swimmer (ages 6 to 16).







Fall 2016

All City Aquatics Schedule

September 6-December 31

This brochure is provided as a quick reference guide. A more complete schedule of programs including swimming lessons is available at your neighborhood pool.

For more information about other Seattle Parks and Recreation programs, policies and special events call 206-684-4075 for recreation information or visit us online at www.seattle.gov/parks/aquatics/index.htm



SWIM LESSON REGISTRATION

Registration for group swim lessons at all pools begins online, in person or by phone at Noon on the following dates:

Winter 2017: December 6

All pools offer private lessons. Call for scheduling information.

Save paper download to your smart phone!



POOLS	PUBLIC SWIMS			FAMILY SWIMS ♦		ADULT/SENIOR SWIMS		
Ballard 1471 NW 67th St 684-4094	Mon-Fri	1/2 Pool	1:30-2:30pm	Sun	4:30-5:30pm	Mon-Fri 12:00-1:15pm		
	Tue/Fri		7:30-8:30pm					
	Wed		6:30-7:30pm					
	Sat		12:30-1:30pm					
	Sun		1:30-2:30pm	Thu - *Playland Swim 10:30 -11:30am (*Full Pool till 11 then 1/2 Pool.)		MASTERS WORKOUT		
						Mon/Wed 8:30-9:30pm		
Evans 7201 E Green Lake Dr. N 684-4961	Mon-Sat	1/2 Pool	1:30-2:30pm	Mon/Wed/Fri 3:00-4:00pm		ADULT/SENIOR SWIMS		
	Tue/Thu	Full Pool	7:00-8:00pm			Mon-Sat 1/2 pool 12:00-1:30pm		
	Sat	Full Pool	3:30-4:30pm			Tue/Thu 1/2 pool 9:00-10:00pm		
	Friday: Family SKWIM 6:45-7:20pm					*May share space with lessons		
	Friday: All Rules SKWIM 7:25-8:10pm					Swimstrong WORKOUT		
	www.skwiminternational.org					Tue/Thu 5 lanes 8:00-9:00pm		
	*Tuesday: teens swim free w/school ID							
Madison 13401 Meridian Ave N 684-4979 Closed Sep 25-Oct 9	Mon/Wed/Fri	shallow end	1:30-2:30pm	Sun* 3:30-5:30pm		ADULT/SENIOR SWIMS		
	Mon/Wed		7:30-8:30pm	*shallow end only 4:30-5:30pm		Tue/Thu 4 lanes 7:30-8:30pm		
	Fri		6:00-8:00pm					
	Sun		1:00-2:00pm	Sun	Pool Playland Noon-1:00pm			
						MASTERS WORKOUT		
						Tue/Thu 6:30-7:30pm Sun 10:00-11:30am		
Meadowbrook 10515 35th Ave NE 684-4989	Mon	Ends 9/26	7:30-8:30pm	Tue/Thu 7:00-8:00pm		ADULT/SENIOR SWIMS		
	Fri		4:00-5:00pm	Sat 9:30-10:30am		Mon-Sat 12:00-1:30pm		
	Fri		7:30-8:30pm	Sat 4:30-5:30pm		Tue/Thu ★ 9:00-10:00pm		
	Sat	one lap lane	1:30-3:00pm			YOUTH MASTERS		
						Mon/Wed/Fri 6:30-7:30pm		
Medgar Evers 500 23rd Ave 684-4766	Mon/Wed		7:00-8:00pm	Mon-Thu shallow end 1:00-2:00pm		ADULT/SENIOR SWIMS		
	Fri		7:00-8:30pm			See Lap Swim times		
	Sat		1:00-2:30pm			MASTERS WORKOUT		
	Sun		2:00-3:30pm			Tue/Thu 7:00-8:00pm		
Queen Anne 1920 1st Ave W 386-4282	Tue/Thu	shallow end until 8	7:30-8:30pm	Wed Pool Playland 10-11am		ADULT/SENIOR SWIMS		
				Sat 10:00-11:00am		Sun-Fri 12:00-1:30pm		
	Fri*		7:00-8:00pm			Sat Sr/Sp only 12:30-1:30pm		
	Sat		3:30-4:30pm			Sat 1:30-2:30pm		
	Sun		2:45-3:45pm					
Every 3rd Friday starts at 6:30pm								
Rainier Beach 8825 Rainier Ave S 386-1925	Mon-Fri		3:00-4:00pm	POOL PLAYLAND NO SLIDE		ADULT/SENIOR SWIMS		
	Mon-Fri		7:00-8:00pm	Mon-Sun 11am-12pm		Mon-Fri 1:00-2:30pm		
	Sat		1:30-2:30pm					
	Sat		3:30-4:30pm					
	Sat		4:45-5:45pm	WOMEN ONLY SWIM-Ages 12+				
	Sun		1:30-2:30pm	Sun	Rec Swim 4:30-5:30pm			
	Sun		3:00-4:00pm	Sun	Lap Swim 2 lanes 4:30-5:30pm			
Southwest 2801 SW Thistle St 684-7440 Closed Oct 24-Nov 13	Mon/Wed	shallow end	7:30-8:30pm	Fri 7:00-8:00pm		ADULT/SENIOR SWIMS		
	Tue/Thu		7:30-8:30pm	Sun 2:00-3:00pm		Mon-Fri 3 lanes 12:00-1:30pm		
	Fri		4:30-5:30pm			Sun 3 lanes 11:00am-12:30pm		
	Sat		1:00-2:00pm					
	Sun		4:00-5:00pm	WOMEN ONLY SWIM-Ages 12+		MASTERS WORKOUT		
				Sat 2:30-3:30pm		Mon/Wed 5:30-6:30pm		
						Fri 6:00-7:00pm		

All Pools closed Thursday September 15 for Employee Development Training Day

Indoor pools closed on Holidays-Sept 5, Nov 11, Nov 24, 25, Dec 25,26 Jan 1,2 and close at 3pm on Dec 24, 31

♦ Family Swims require that a parent or guardian accompany all participants under 18 into the water

POOLS	LAP SWIMS			SHALLOW WATER FITNESS			DEEP WATER FITNESS		
Ballard Served by Metro Bus Number 15 & Rapid Ride D	Mon-Fri	★	5:45-7:15am	Mon/Wed/Fri		11:10-11:55am	Tue/Thu	aqua jog	11:10-11:55am
	Mon-Fri	3 lanes	1:30-2:30pm	Tue		8:30-9:15pm	Tue/Thu		8:30-9:15pm
	Mon/Wed/Thu	3 lanes	7:30-8:30pm	Sun		10:25-11:10am	Sun	HydroFit	12:45-1:30pm
	Tue/Thu	2 lanes	8:30-9:15pm						
	Fri	5 lanes	5:30-6:30pm						
	Sat	5 lanes	9:00-10:00am						
	Sun	4 lanes	11:15am-12:45pm, 5:30-6:30pm						
Evans Served by Metro Bus Number 16, 26 & 48	Mon-Fri	★	6 lanes 5:45-7:15am	Mon-Fri		10:00-10:55am	Mon-Sat		10:00-10:45am
	Mon/Wed/Fri	3 lanes	11:30am-4pm				Mon/Wed		8:10-8:55pm
	Tue/Thu	3 lanes	2:00-4:00pm						
	Mon-Fri	6 lanes	5:30-6:30pm						
	Tue/Thu	3 lanes	9:00-10:00pm						
	Sat	6 lanes	8:30-10:00am						
	Sat	6 lanes	4:30-5:30pm						
Madison Served by Metro Bus Number 316 & 346 Closed Sep 25-Oct 9	Mon-Fri	4 Lanes	Noon-2:30pm	Mon/Wed	low impact	12:00-1:00pm	Mon/Wed		7:45-8:30pm
	Mon/Wed/Fri		6:00-7:00pm	Tue/Thu	arthritis	1:00-2:00pm	Tue/Thu		12:00-12:45pm
	Sun		11:30am-1:00pm	Tue/Thu		7:15-8:15pm	Fri	aqua jog	12:00-12:45pm
	Sun		4:30-5:30pm	Sun		10:00-11:00am			
Meadowbrook Served by Metro Bus Number 65	Mon-Fri	★	5:45-7:15am	NEW TIME			Mon/Wed/Fri		1:30-2:15pm
	Mon/Wed/Fri	3 Lanes @ 6:30	5:30-7:30pm	Tue/Thu		11:15am-12:00pm	Tue/Wed/Thu		8:00-8:45pm
	Sat		7:00-8:30am				Sat		8:30-9:15am
	Sat		5:30-6:30pm						
Medgar Evers Served by Metro Bus Number 3, 4 & 48	Tues/Thu	★	5:45-7:15am	Mon/Wed/Fri		12:00-1:00pm	Mon/Wed	aqua jog	6:00-6:45pm
	Mon-Fri		11:00am-2:30pm	Tue/Thu		7:00-8:00pm	Tue/Thu	aqua jog	12:00-12:45pm
	Mon/Wed	3 lanes	6:30-8:00pm	Sat		9:00-10:00am			
	Tues/Thu		5:30-7:00pm						
	Fri		6:00-7:00pm						
	Sat		9:00-10:30am, 1:00-2:30pm						
	Sun		12:00-2:00pm						
Queen Anne Served by Metro Bus Number 3, 4 & 13	Mon-Fri	★	6:00-7:30am	Tue/Thu		11:10am-11:55am	Mon/Wed		11:10am-11:55am
	Mon	★	8:00-9:00pm				Tue/Thu		7:10-7:55pm
	Mon-Fri	Ends 11/14	2:30-4:00pm				Fri*		11:10am-11:55am
	Tue/Thu	★	8:30-10:00pm				Sat		9:10-9:55am
	Fri*		*6:00-7:00pm				Sun		11:10am-11:55am
	Sat		7:30-9am & 4:30-5:30pm						
			Cancelled 9/16, 10/21, 12/16					*High Intensity Interval training	
Rainier Beach Served by Metro Bus Number 7, 9, 36, 42, 49, 106, 107	Mon/Wed/Fri	★	5:45-7:15am	Mon/Wed/Fri	Gental	10:30-11:15am	Tue/Thu		10:30-11:15am
	M-F	12-2:30pm (4 L) & 5:30-6:30pm(M/W/F)		Mon	Aqua Zumba	7:10-7:55pm	Thu		7:10-7:55pm
	Tues/Thurs		8-9pm	Tue	Shallow	7:10-7:55pm	Sat	Deep/Shallow	9:35-10:20am
	Sat/Sun	5 lanes	12:15-1:15pm	Wed	Shallow	7:10-7:55pm			
	Sat/Sun	2 lanes	1:30-2:30pm	Sat	Deep/Shallow	9:35-10:20am			
	Sat	2 lanes	3:30-4:30pm, 4:45-5:45pm	Sun	Shallow	9:10-9:55am			
	Sun	2 lanes	3-4pm	Tues	Stretch and Flex	12:30-1pm			
Southwest Served by Metro Bus Number 22 Closed Oct 24-Nov 13	Tue/Thu	★	5:45-7:15am	Mon/Wed/Fri	Deep/Shallow	1:30-2:15pm	Mon/Wed	Deep WX	7:30-8:15pm
	Mon/Wed/Fri	3 lanes	3:00-4:00pm	Tue/Thu	Gentle Fitness	1:30-2:15pm	Mon/Wed/Fri	Deep/Shallow	1:30-2:15pm
	Mon/Wed	3 lanes	5:30-6:30pm	Tue/Thu	Shallow	8:30-9:15pm			
	Tue/Thu	3 lanes	5:00-6:00pm						
	Fri	3 lanes	5:30-7:00pm						
	Sat	3 lanes	9:30-10:30am, 12-1pm						
	Sun	3 lanes	5:00-6:00pm						

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★ Advance purchase of Quick Card, or exact change or check required